

# Sheet Metal #10 Benefit Fund

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OFFICE OF THE ADMINISTRATOR  
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To: Early Retirees

Dear Participant,

Diabetes is one of the most common—and most costly—chronic diseases. Lack of proper treatment can lead to blindness, end-stage renal disease, heart disease, and more. We are making a new program available designed to help our members manage diabetes and improve their overall health.

This letter is being mailed to all Sheet Metal #10 Benefit Fund Early Retirees (or spouses). We understand that you may not be personally concerned about Diabetes, but as it can be quite common we want you to be aware of the program.

If you or one of your *covered* family members has concerns or has been diagnosed with diabetes, you are eligible for the program. Once enrolled, registered nurses experienced in helping members with diabetes will provide information about your condition and work with you to help better manage it. The nurses will act as personal health advisors to help you develop health improvement goals, work with your doctor, and ensure you get the care you need when you need it.

If you have diabetes and are working with a doctor for this condition a registered nurse may contact you by phone or mail to tell you more about the program. Or, if you or a family member with diabetes is interested in starting this program today, you can call 866-938-9742 and talk with a registered nurse. Be sure to have your medical ID card available when you call.

We are offering this program free of charge and hope you will take advantage of the opportunity to better understand and manage diabetes.

Sincerely,

Board of Trustees  
Sheet Metal #10 Benefit Fund